

## What is self referral?

Self referral is a direct route to Audiology for hearing assessment and provision of National Health Service hearing aids.

Using self referral means that you do not have to see any other health care provider (including your family Doctor or practice nurse) first.

## What can we treat?

Self referral is aimed specifically at individuals who are experiencing hearing difficulty as a result of normal ageing.

Many people over the age of 50 experience some degree of diminished hearing as they get older and this loss of hearing can cause difficulties for example, listening to the television or socializing.

In the majority of cases, the hearing loss can easily be improved by wearing hearing aids.

Hearing aids are provided FREE of charge by the Isle of Man Department of Health and Social Care.

## It could be just wax!

Don't worry! Many patients think this but actually do not have any wax at all.

Provided you fit the eligibility criteria on the next page you may still self refer.

In the event you do have some wax in your ears, the Audiologist will remove this before testing your hearing at your appointment.

## Am I eligible?

In order to self refer, you **MUST** be aged 50 years or older.:

You must also **NOT** have any of the following symptoms:

- **Pain** in the ears
- Hearing loss affecting only **one** ear
- Noises (tinnitus) affecting only **one** ear
- Episodes of **dizziness** where you feel you are spinning and you feel sick..
- Hearing loss that has come on very **quickly** (less than 3 months onset)

Provided you are over 50 and do not have the symptoms listed above, you can self refer using this form.

If you are aged under 50 years or have any of the symptoms above and wish to have a hearing assessment, you will need to make an appointment to see your family Doctor (GP) first.

This is so he or she can ask about your symptoms in more detail and decide which specialist to refer you to.

This referral could be either direct to the Audiologist or to the Ear Nose and Throat Department.

## Who we are?

The Audiology Department is staffed by a team of highly qualified and experienced clinical audiologists , assistants and administrative staff.

## Are NHS hearing aids digital?

Yes!!

The Isle of Man Audiology Service provides the latest digital hearing aids very similar to the model pictured on the front page of this form.

## What next?

If you are eligible to self refer and wish to do so then complete your details on the next page, place this form into an envelope and post it (stamp required!) to the address on the back of this form.

## When will I get an appointment?

Once we receive your self referral form, we will send you an appointment . We try to see all new patients within 8 weeks from receipt of the referral form. ( this can be slightly more or less depending on the current demands on the service).

## Your details

Title: \_\_\_\_\_  
Surname: \_\_\_\_\_  
Forename: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Telephone: \_\_\_\_\_  
Doctor: \_\_\_\_\_  
Surgery: \_\_\_\_\_

I wish to have my hearing assessed and if needed, I would like to be considered for NHS hearing aids.

I confirm that I do not have any of the symptoms listed on the previous page and I understand that should any of these be identified at my assessment, the Audiologist will refer me to the Ear, Nose and Throat Department for further advice.

Signed: \_\_\_\_\_  
Date: \_\_\_\_\_



The information in this booklet can be provided in

**large print**

or in audio format on request

### Post form to:

**Audiology Department  
Nobles Hospital  
Braddan  
Douglas  
IM4 4RJ**

If you need further information or advice, please contact the department on 01624 650407 or email [audiology.nobles@gov.im](mailto:audiology.nobles@gov.im)

### Department of Health and Social Care

Noble's Hospital, Braddan, Isle of Man IM4 4RJ  
Telephone: 01624 650000  
Email: [hospital.nobles@gov.im](mailto:hospital.nobles@gov.im)

**[www.gov.im/health](http://www.gov.im/health)**

## SELF REFERRAL FOR HEARING ASSESSMENT AND HEARING AIDS

Isle of Man Audiology and Hearing Aid Service  
Noble's Hospital

